

	Description	Method of delivery
Module 1 Introduction to coaching/mentoring	<p>Learning outcomes</p> <p>By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Know why you're here and understand the role you're being asked to undertake • Identify the core elements of the programme • Know how to set yourself up for success to achieve coaching accreditation of EIA coaching qualification at Practitioner level • Understand the learning requirements of the qualification. 	Online via LMS and virtual via Teams/Zoom and/or in-person
Welcome module	This module welcomes learners to the programme, sets out roles and responsibilities during the programme.	Online via LMS
Module 2 Role of a coach/mentor	<p>Learning outcomes</p> <p>By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Describe what coaching is • Describe what mentoring is • Know the difference between coaching, mentoring, counselling, and educating. 	Online via LMS and virtual via Teams/Zoom and/or in-person
Module 3 Ethics of Coaching/mentoring	<p>Learning outcomes</p> <p>By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Explore the ethics and principles of coaching • Identify when/where you're able to hand off a coaching/mentoring relationship if you feel ill-equipped to deal with a situation • Identify any personal biases which could influence your coaching/mentoring & know how to manage this. 	Online via LMS and virtual via Teams/Zoom and/or in-person
Module 4 Theory of coaching/mentoring	<p>Learning outcomes</p> <p>By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Know different types of coaching models/frameworks • Apply coaching models/frameworks to coaching practice • Receive feedback on the application of coaching models/frameworks. 	Online via LMS and virtual via Teams/Zoom and/or in-person

<p>Module 5 Contracting conversation</p>	<p>Learning outcomes By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Know what contracting is and how best to introduce it as part of your coaching/mentoring • Use tools to support contracting • Receive feedback on your practice. 	<p>Online via LMS and virtual via Teams/Zoom and/or in-person</p>
<p>Module 6 Skills of a coach/mentor</p>	<p>Learning outcomes By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Describe what makes a question powerful • Know when to use a blend of open and closed questions • Practice using questions in your coaching practice • Know how to listen and use the power of silence • Practice listening and applying silence in your coaching practice. 	<p>Online via LMS and virtual via Teams/Zoom and/or in-person</p>
<p>Module 7 Coaching/mentoring conversation</p>	<p>Learning outcomes By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Know how to share evidence-based feedback using one of the feedback models • Know how to observe others and identify strengths/areas for improvement in their practice • Apply all that we've covered so far in a coaching conversation, receiving feedback on our practice. 	<p>Online via LMS and virtual via Teams/Zoom and/or in-person</p>
<p>Module 8 Gaining insight and acting</p>	<p>Learning outcomes By the end of this module, you will be able to:</p> <ul style="list-style-type: none"> • Know your personal values and how these might impact your coaching practice • Recognise how emotions impact your coaching/mentoring practice • Know and develop your own intrapersonal skills to effectively manage your own • Know and develop interpersonal skills to effectively work with others as a coach • Reflect on how your own emotional state can transfer onto your coachee/mentee 	<p>Online via LMS and virtual via Teams/Zoom and/or in-person</p>



<p>Module 9 Continuous professional development</p>	<p>Learning outcomes By the end of this module, you will be able to:</p> <ul style="list-style-type: none">• Explore further topics which will develop effectiveness as a coach/mentor• Understand and value coaching/supervision• Know how to continue to grow as a coach/mentor, through reflective practice and other tools.	<p>Online via LMS and virtual via Teams/Zoom and/or in-person</p>
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